

Turkey, Broccoli & Quinoa Burgers



Preparation time: 40 mins

Serves: 4 people

User Rating: ★★★★★

Publication: 15 May 2020

Categories: First Foods



Ingredients

150g broccoli, trimmed, cut into florets

500g turkey breast mince

100g (½ cup) quinoa flakes

3 long green onions, thinly sliced

5 eggs

4 wholegrain buns, split, toasted

60g (¼ cup) hummus

4 eggs

2 tomatoes, sliced

1 tbsp sriracha chilli sauce, plus extra, to serve

All nutrition values are per serve.